

IZABEL DORST

She/Her/Hers

EDUCATION:

- | | |
|------|---|
| 2018 | Bachelor of Fine Arts, Acting and Devising Concentration
Coastal Carolina University – Conway, South Carolina |
| 2017 | Physical Theatre, Devising, Commedia Dell’arte- semester intensive
Accademia Dell’arte – Arezzo, Italy |

PROFESSIONAL AFFILIATIONS/CERTIFICATIONS:

- | | | |
|----------------|--|----------------------------------|
| * SAG-eligible | *Non-Union | *DeKalb/APS background clearance |
| 2025 | TYA/USA Member | |
| 2025 | First Aid/CPR Certification, Mandated Reporter Certification | |
| 2024 | CPI Nonviolent Crisis Intervention Certification | |

INTERNSHIPS:

- | | |
|------|---|
| 2025 | Arts Administration , Synchronicity Theatre - Atlanta, GA
<i>Assisted Producing Artistic Director, Managing Director, Education and Development directors in weekly tasks including but not limited to:</i> <ul style="list-style-type: none">- marketing designs through Canva- pre-production planning for shows- script analysis- assisting in weekly preparations for current and upcoming productions/fundraising events/meetings.- research and compiling audience engagement lists of potential partners and donors for upcoming productions |
| 2017 | Art Administration and Devising , The Ume Group - New York, NY
<i>Assisted Artistic Director at non-profit devising theatre company in their summer production needs such as:</i> <ul style="list-style-type: none">- Sold tickets, handled money, tracked ticket sales on EXCEL- Stage Managed: set up/strike space, laundry, call-times- Researched spaces to work in and compiled info into EXCEL- Took Physical Theatre/Devising classes with the company |

ART ADMINISTRATION:

- 2025-current **Development Assistant**, Synchronicity Theatre- Atlanta, GA
Assist Development Director in daily/weekly tasks such as:
- Assist in organizing donor contacts through Spektrix and physical mailing
 - Track donations and send receipts to each contact
 - Edit grant submissions
 - Assist with 24-25 and 25-26 demographics close-out and set-up
 - Assist in planning, communicating, and organizing fundraiser events throughout the fiscal year
 - Assist in organization of auction items through Auctria
- 2017 **Philanthropy Office Secretary**, Coastal Carolina University- Conway, SC
First point of contact for the office with daily tasks such as:
- Electronically filed weekly guest and donor reports through ENVOY
 - Oversaw office inventory by restocking supplies and managing space
 - Answer phone calls, redirect callers, manage any office guests
 - Took minutes in meetings

CHILDREN'S THEATRE TEACHING ARTIST:

- 2025-current **"Junior Players" Teaching Artist**, Alliance Theatre – Atlanta, GA
Semester long 3-5 grade weekend theatre class that ended in performances
- CREATE and TEACH weekly SHAKESPEARE focused lesson plans
 - Find and Edit SHAKESPEARE FOR ELEMENTARY script
 - Lead students through theatre concepts such as: AUDITIONS, REHEARSALS, and PERFORMANCES in a process over product environment
 - DIRECT a 20 min. children's version of "Midsummer Night's Dream"
- 2025-current **"Playmaking for Kids" Teaching Artist**, Synchronicity Theatre- Atlanta, GA
Semester-long after school middle school theatre class that ended in performances
- Co-teach and direct at HOWARD MIDDLE
 - PLAN/COMMUNICATE lessons
 - Hold Auditions / Cast Show
 - STAGE MANAGE/Select and edit script
- 2025-current **"Playmaking for Girls" Teaching Artist**, Synchronicity Theatre – Atlanta, GA
Outreach weekend theatre workshops for girls who are refugees as well as girls in group homes
- Support group theatre games to build a sense of EMSEMBLE and COMMUNITY
 - Lead breakout groups in WRITING SMALL SCRIPTS based off anything the girls feel like talking about/working through
 - Lead breakout groups in PERFORMING SCRIPTS written in workshop

- 2025 **Summer Camp Teaching Artist**, Alliance Theatre - Atlanta, GA
Weekly summer camp classes that ended in performances for elementary-middle school
- Followed lesson plans set by the Alliance following GA education standards to up to 15 kids
 - DIRECTED, FILM EDITED, and CHOREOGRAPHED 10-25 min shows
 - Corresponded through SLACK
 - Used BEHAVIORAL TECHNIQUE skills to defuse and redirect children
- 2022-2024 **Acting/Musical Theatre Teaching Artist**, Secret Theatre Academy- Queens, NY
Lead teaching artist for semester long classes and summer camps that ended in performances for elementary-middle school
- CREATED lesson plans and directed children's level classes involving up to 14 students
 - WROTE 5 min - 20 min children's scripts
 - DIRECTED, LIGHT/SOUND DESIGNED children's showcases for semester classes and summer camps
- 2020 **High School "College Audition" Coaching** (ZOOM) – Charleston, WV
Monologue coaching intensive with high school seniors through ZOOM
- 2019-2020 **Mommy & Me Music and Movement Teacher** - Manhattan, NYC
Teacher and childcare facilitator at a family gym in Manhattan, classes included:
- lead adult and early learner through SINGING SONGS with musical instruments and puppets
 - lead basic MOVEMENT EXERCISES and supervise children on soft equipment during movement classes
 - FACILITATE basic childcare needs during adult exercises classes held at the center
- 2015-2018 **Dance and Theatre Instructor**, January's Academy of Dance – Charleston, WV
Summer Camp Sessions for elementary – high school
- Focused on movement of body in space, telling a story through dance, character development.
 - ELEMENTARY focus: imagination and creative
 - MIDDLE/HIGH focus: dance and acting techniques

NEURODIVERSE EDUCATION:

2023-2024

Behavioral Technician and Theatre Teacher, The Titus School- Manhattan, NY
Full time B.T. at a neurodiverse/behavioral school, working with ages 8-14, and taught theatre elective 2x a week

- Provided instructional and behavioral management support to students with disabilities during classroom instruction
- Co-led and subbed for academic lessons and social skills lessons
- TAUGHT SPECIAL EDUCATION THEATRE classes 2x a week
- Collected and analyzed student data under guidance of classroom leads through EXCEL
- Effectively communicated with parents and administration through GOOGLE DRIVE/GOOGLE CALENDAR

2024

Neuroinclusive Theatre Co- Teacher/Mentor, EPIC Players – Brooklyn, NY
VOLUNTEER support teacher and mentor for adult neuroinclusive theatre company

- Co-led adults (age 20-60) with NEURO and PHYSICAL DIFFERENCES through theatre practices: movement, improv, devising, music
- Set-up and Strike classrooms
- Worked with a team of teachers on LESSON PLANS for each week
- Provided EMOTIONAL and REGULATORY SUPPORT for disabled participants
- Performed in a SUPPORT COMPACT at end of semester devising showcases in OFF-BROADWAY theatre

2014-2018

Inclusive Theatre Facilitator, Coastal Carolina University- Conway, SC
Facilitator and mentor of our university's adult neurodiverse theatre group

- Co-led adults (ages 16-65) with NEURO and PHYSICAL DIFFERENCES through theatre concepts including: ensemble games, basic devising activities, and movement/dance exercises
- Choreographed and taught dances for semester showcase for community members and participants caregivers
- Provided emotional and regulatory support for disabled participants

FURTHER EDUCATION PRESENTATIONS:

Dorst, Izabel. "Teaching With Empathy- Strategies for Creating Neuro-Inclusive Spaces in Theatre Education", Synchronicity Theatre Teacher Professional Development. Atlanta, GA. August 2025. Workshop.



izabeldorst@gmail.com



www.izabeldorst.com



[I.Dorst linkedin](#)